

# BEHAVIOURAL CHECKLIST

(Indicators of potential learning difficulties)

Accident prone	
Allergies/food intolerances (tired or hyperactive after eating)	
Clumsy	
Constipated	
Daydreams excessively	
Difficulty budgeting time	
Difficulty concentrating	
Difficulty focusing eyes	
Difficulty following directions	
Difficulty giving directions	
Difficulty telling time	
Dizziness/vertigo/balance problems	
Eye strain/rubs eyes a lot	
Fear of speaking out in front of group	
Has trouble remembering directions	
Has trouble remembering months of year	
Has trouble remembering names	
Has trouble remembering right/left	
Has trouble remembering times tables	
Has trouble differentiating colours	
Headaches	
Impatient/restless	
Impulsive	
Inappropriate drowsiness	
Lacks confidence	
Leaves projects incomplete	
Letter/number reversal	
Lies	
Mood swings	
Over-active or under active	
Phobias/fears	
Poor eye-hand co-ordination	
Poor hand-writing	
Poor organisational skills	
Poor reading comprehension	
Poor reading skills	
Poor balance	
Poor spelling	
Poor at sports or rhythmic activities	
Rests head on arm while working	
Short attention span	
Slow in completing work	
Stops in the middle of a game	
Test, exam or performance anxiety	
Timid or shy	

Source: Melbourne Applied Physiology. 'Learning Enhancement Acupressure Program'